

Angular momentum  
L =  $\hbar \vec{r} \times \vec{p}$

3022 3030 3042  
3007 3008

3003 3017 3020  
3011 3019 3034

T201

$$\langle \hat{L}^2/4 \rangle = l(l+1) \hbar^2/4 \quad \langle \hat{L}_z/4 \rangle = m \hbar/4$$

calculate  $\langle L_x \rangle, \langle L_y^2 \rangle$

$$[L_i, L_j] = i\hbar \epsilon_{ijk} L_k$$

$$\begin{aligned} \langle L_x \rangle &= \langle 4 | \frac{1}{i\hbar} [\hat{L}_x, \hat{L}_z] / 4 \rangle = \frac{1}{i\hbar} \langle 4 | L_y L_z - L_z L_y / 4 \rangle \\ &= \frac{\hbar \hbar}{i\hbar} [ \langle 4 | L_y / 4 \rangle - \langle 4 | L_y / 4 \rangle ] = 0 \quad \checkmark \quad \text{OK} \end{aligned}$$

$$\langle L_y^2 \rangle = \langle L_y^2 \rangle = \frac{1}{2} \langle L_x^2 + L_y^2 \rangle = \frac{1}{2} \langle L^2 - L_z^2 \rangle$$

Symmetry

$$\rightarrow \underline{\langle L_x^2 \rangle} = \frac{1}{2} \langle 4 | L^2 - L_z^2 / 4 \rangle = \frac{1}{2} [l(l+1) \hbar^2 - m^2 \hbar^2] \quad \checkmark \text{OK}$$

$$J_+ = J_x + i J_y$$

$$J_{\pm} |j, m\rangle = \hbar \sqrt{j(j+1) - m(m \pm 1)} |j \pm 1, m \pm 1\rangle$$

$$J_- = J_x - i J_y$$

$$J_x = \frac{1}{2} (J_+ + J_-)$$

$$i J_y = \frac{1}{2} (J_+ - J_-)$$

$$J_y = \frac{1}{2i} (J_+ - J_-)$$

$$\langle L_x \rangle = \langle L_x \rangle = \frac{1}{2} \langle J_+ + J_- \rangle = \frac{1}{2} \langle L^+ \rangle + \frac{1}{2} \langle L^- \rangle = 0 \quad \checkmark \text{OK}$$

$$\langle L_x^2 \rangle = \frac{1}{4} \langle 4 | (J_+ + J_-)(J_+ + J_-) / 4 \rangle = \frac{1}{4} \langle 4 | J_+ J_+ + J_- J_- + J_+ J_- + J_- J_+ / 4 \rangle$$

$$= \frac{1}{4} \langle 4 | J_+ J_- / 4 \rangle + \frac{1}{4} \langle 4 | J_- J_+ / 4 \rangle \quad K = 1, l, m$$

$$= \frac{1}{4} \langle l, m | J_+ + \sqrt{l(l+1) - m(m-1)} | l, m-1 \rangle + \frac{1}{4} \langle l, m | J_- - \sqrt{l(l+1) - m(m+1)} | l, m \rangle$$

$$= \frac{\hbar^2}{4} \langle l, m | l, m \rangle \sqrt{l(l+1) - m(m-1)} \sqrt{l(l+1) - (m-1)(m-1+1)}$$

$$+ \frac{\hbar^2}{4} \langle l, m | l, m \rangle \sqrt{l(l+1) - m(m+1)} \sqrt{l(l+1) - (m+1)(m+1-1)}$$

$$= \frac{\hbar^2}{4} [2l(l+1) - m(m-1) - m(m+1)] = \frac{\hbar^2}{2} [l(l+1) - m^2] \quad \checkmark \text{OK}$$

using eigenvectors - e.g. for  $\psi^+$

$$\begin{array}{l} s = \frac{1}{2} \\ l = 2\frac{1}{2} \end{array}$$

$$H_{so} = A \hat{L} \cdot \hat{S} \quad \leftarrow \text{find energy levels & degeneracies}$$

$J^2, J_z, L^2, S^2$  are "good" quantum numbers

$$j(j+1)t^2 \text{ and } l(l+1)t^2 \text{ and } s(s+1)t^2 \quad \text{if } j, l, s$$

$$H_{so} = A \hat{L} \cdot \hat{S} = A \frac{1}{2} (J^2 - L^2 - S^2)$$

$$\rightarrow H_{so} |j_l m_s\rangle = \frac{A}{2} [j(j+1) - l(l+1) - s(s+1)]$$

$$l = 2\frac{1}{2}, s = \frac{1}{2}$$

$$j = \frac{1}{2}, \frac{2\frac{1}{2}}{2\frac{1}{2}}, \frac{3\frac{1}{2}}{3\frac{1}{2}}$$

$$\begin{matrix} \frac{1}{2} \\ \frac{5}{2} \\ 0 \\ -\frac{1}{2} \end{matrix}$$

$$\begin{matrix} 2\frac{1}{2} \\ 5 \\ 0 \\ -2\frac{1}{2} \end{matrix}$$

$$\begin{matrix} 3\frac{1}{2} \\ -3\frac{1}{2} \end{matrix}$$

$$= 6t^2 = 2t^2$$

$$j = 1\frac{1}{2} \rightarrow 2\frac{1}{2} \quad E = -\frac{3At^2}{16}$$

$$j = 2\frac{1}{2} \rightarrow 6\frac{1}{2} \quad E = -\frac{At^2}{4}$$

$$j = 3\frac{1}{2} \rightarrow 12\frac{1}{2} \quad E = 2At^2$$

$$j(j+1)t^2$$

$$j(j+1)t^2$$

$$j(j+1)t^2$$

$$3008 \quad |j_l m\rangle = \sum_{l, m, s, m_s} c_{l, m, s, m_s}^{j, m} |l, m_l; s, m_s\rangle$$

$$J_{\pm} = J_x \pm iJ_y$$

$$J_{\pm} |j_l m\rangle = \hbar \sqrt{j(j+1) - m(m \pm 1)} |j_l, m \pm 1\rangle$$

get  $|j_l m\rangle$  with  $m = l - 1/2$  using  $|l, m_l; s, m_s\rangle$  with  $s = \frac{1}{2}$

$$l \quad \begin{array}{l} \xrightarrow{\text{A}} j = l + 1/2, m = l + 1/2, \underline{l - 1/2, \dots, l - 1/2} \\ \xrightarrow{\text{B}} j = l - 1/2, m = \underline{l - 1/2}, l - 3/2, \dots, -(l - 1/2) \end{array}$$

$$\text{A}) \quad j = l + 1/2$$

$$|l + 1/2, l + 1/2\rangle = |l, l, 1/2, 1/2\rangle \quad \leftarrow \text{no other state to contribute}$$

$$\begin{aligned} J_- |l + 1/2, l + 1/2\rangle &= \frac{1}{2} \cdot |l + 1/2, l - 1/2\rangle = \hbar \sqrt{(l+1/2)(l+1+1/2) - (l+1/2)(l+1/2-1)} |l + 1/2, l - 1/2\rangle \\ J_- |l + 1/2, l + 1/2\rangle &= J_- |l, l, 1/2, 1/2\rangle = (l_- + S_-) |l, l, 1/2, 1/2\rangle * \end{aligned}$$

$$\begin{aligned} &= \hbar \sqrt{l^2 + l + 1/2l + 1/2l + 1/2 + 1/2 - l^2 - ll + l - l/2 - l/2 - l/2 + 1/2} |l + 1/2, l - 1/2\rangle \\ &= \hbar \sqrt{2l+1} |l + 1/2, l - 1/2\rangle \end{aligned}$$

$$* |l, l, 1/2, 1/2\rangle = \hbar \sqrt{l(l+1) - l(l-1)} |l, l-1, 1/2, 1/2\rangle = \hbar \sqrt{2l} |l, l-1, 1/2, 1/2\rangle$$

$$S_- |l, l, 1/2, 1/2\rangle = \hbar \sqrt{1/2(3/2) - 1/2(-1/2)} |l, l, 1/2, 1/2\rangle = \hbar |l, l, 1/2, 1/2\rangle$$

$$|l + 1/2, l - 1/2\rangle = \frac{\sqrt{2l}}{2l+1} |l, l-1, 1/2, 1/2\rangle + \frac{\sqrt{1}}{2l+1} |l, l, 1/2, -1/2\rangle$$

$\uparrow \downarrow$   
 $s_1$  spin  $s_2$  spin

$$|s_1 = \frac{1}{2}\rangle = \frac{1}{2} \quad |s_2 = \frac{1}{2}\rangle = \frac{1}{2}$$

what's the probability that total spin = 0

$$|s=0\rangle = \frac{1}{\sqrt{2}}(|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle)$$

in  $\neq$  eigenvectors

needs to be antisymmetric

$$S_x = \frac{\hbar}{2} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \text{ in } S_z \text{ basis}$$

$$\frac{1}{\sqrt{2}}(|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle)$$

is  $L=1$ ,  $S_z = 0$ ?

$$\begin{vmatrix} -1 & 1 \\ 1 & -1 \end{vmatrix} = \lambda^2 - 1 \quad \lambda = \pm 1$$

$$\begin{pmatrix} -1 & 1 \\ 1 & -1 \end{pmatrix} \begin{pmatrix} a \\ b \end{pmatrix} = +1 \begin{pmatrix} a \\ b \end{pmatrix} \quad \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} -1 & 1 \\ 1 & -1 \end{pmatrix} \begin{pmatrix} a \\ b \end{pmatrix} = 0$$

$$fa - \frac{1}{2} \cdot \begin{pmatrix} 1 & 1 \\ 1 & 1 \end{pmatrix} \begin{pmatrix} a \\ b \end{pmatrix} = 0$$

$$a = \delta = \frac{1}{\sqrt{2}}$$

for  $\frac{\pm 1}{2}$

$$|s_x = \frac{1}{2}\rangle = \frac{1}{\sqrt{2}}(|s_1 = \frac{1}{2}\rangle + |s_2 = \frac{1}{2}\rangle)$$

hence

$$|s_1 = \frac{1}{2}, s_2 = \frac{1}{2}, s_x = \frac{1}{2}\rangle = \frac{1}{\sqrt{2}}(|s_1 = \frac{1}{2}, s_2 = \frac{1}{2}, s_x = \frac{1}{2}\rangle + |s_1 = \frac{1}{2}, s_2 = \frac{1}{2}, s_x = -\frac{1}{2}\rangle)$$

$$|\langle 0 | s_x = \frac{1}{2}, s_x = \frac{1}{2}\rangle|^2 = \frac{1}{4} [ (|s_1 = \frac{1}{2}, s_2 = -\frac{1}{2}\rangle - |s_1 = -\frac{1}{2}, s_2 = \frac{1}{2}\rangle) ]$$

$$\cdot (|s_1 = \frac{1}{2}, s_2 = \frac{1}{2}\rangle + |s_1 = \frac{1}{2}, s_2 = -\frac{1}{2}\rangle)]^2 = \frac{1}{4}$$

$$\begin{pmatrix} q\uparrow & q\downarrow \\ q\uparrow & q\uparrow \end{pmatrix} \begin{pmatrix} q\uparrow(1) & q\downarrow(2) \\ q\uparrow(2) & q\downarrow(1) \end{pmatrix} =$$

$$\begin{pmatrix} q\uparrow(1) & q\downarrow(2) \\ q\downarrow(1) & q\uparrow(2) \end{pmatrix} = q(1) \cdot q(2) \uparrow(1)\uparrow(2) - q(1)q(2)\downarrow(1)\downarrow(2)$$

real spin coordinate

$$= \frac{1}{\sqrt{2}} q(1)q(2) [\uparrow(1)\uparrow(2) - \downarrow(1)\downarrow(2)]$$

?

3003

T2N4

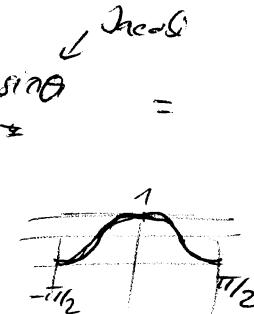
$$e^- \text{ is in state } |\psi\rangle = \frac{1}{\sqrt{6}} (e^{i\phi} \sin \theta + \cos \theta) |g\rangle$$

(|g\rangle \text{ normalised})

- possible results of measurement of  $L_z$ ?
- their probability?
- exp: value of  $L_z$ ?

$$|\psi_{10}\rangle = \sqrt{\frac{3}{4\pi}} \cos \theta, \quad |\psi_{11}\rangle = \mp \sqrt{\frac{3}{8\pi}} \sin \theta e^{\pm i\phi}$$

$$\langle \psi_{10} | \psi \rangle = \int_0^{2\pi} d\phi \int_0^{\pi} d\theta \frac{1}{\sqrt{6\pi}} \cos \theta (e^{i\phi} \sin \theta + \cos \theta) \sin \theta =$$

$$= \frac{\sqrt{3}}{4\pi} \int_{-\pi/2}^{\pi/2} \cos^2 \theta d\theta \int_0^{2\pi} d\phi = \frac{\sqrt{3}}{2} \cdot [-\frac{1}{3} \cos^3 \theta]_{-\pi/2}^{\pi/2}$$


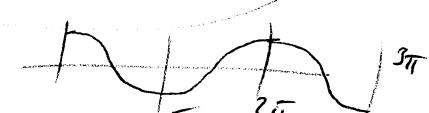
$$= \frac{\sqrt{3}}{2} (-\frac{1}{3}) [-1 - 1] = \frac{1}{\sqrt{3}}$$

$$\langle \psi_{11} | \psi \rangle = \int_0^{\pi} d\theta \sin \theta \int_0^{2\pi} d\phi \frac{1}{\sqrt{6\pi}} (e^{i\phi}$$


$$\langle \psi_{11} | \psi \rangle = \int_0^{\pi} d\theta \int_0^{2\pi} d\phi (-\sqrt{\frac{3}{8\pi}}) \sin \theta e^{-i\phi} \frac{1}{\sqrt{6\pi}} (e^{i\phi} \sin \theta + \cos \theta) \sin \theta$$

$$= - \int_0^{\pi} d\theta \int_0^{2\pi} d\phi \sqrt{\frac{3}{2}} \frac{1}{4\pi} (\sin^2 \theta \cos \theta e^{-i\phi} + \sin^3 \theta e^{-i\phi} e^{i\phi}) =$$

$$= - \int_0^{\pi} d\theta \int_0^{2\pi} d\phi \sqrt{\frac{3}{2}} \frac{1}{4\pi} \sin^3 \theta = - \int_0^{\pi} d\theta \sqrt{\frac{3}{2}} \sin^3 \theta =$$

$$\int_0^{\pi} \sin^3 \theta = \frac{1}{12} \cos(3\theta) - \frac{3}{4} \cos \theta$$


$$= -\frac{\sqrt{3}}{2} \left[ \frac{1}{12} \cos(3\theta) - \frac{3}{4} \cos \theta \right]_0^{\pi} = -\frac{\sqrt{3}}{2} \left[ \frac{1}{12} (-1 - 1) - \frac{3}{4} (-1 - 1) \right]$$

$$= -\frac{\sqrt{3}}{2} \left[ -\frac{1}{6} + \frac{3}{2} \right] = -\frac{\sqrt{3}}{2} \left[ -\frac{1}{6} + \frac{9}{6} \right] = -\frac{\sqrt{3}}{2} \frac{4}{3} = -\frac{\sqrt{3}}{3}$$

$$\rightarrow |\psi\rangle = \left( -\sqrt{\frac{2}{3}} |\psi_{11}\rangle + \frac{1}{\sqrt{3}} |\psi_{10}\rangle \right) |g\rangle$$

$\rightarrow L_z$  can be measured as  $+ \hbar \text{ or } - \hbar$ .

\* Prob. th:  $\langle \psi | L_z | \psi \rangle = \frac{2}{3} \hbar + \frac{1}{3} \hbar$

average =  $-\frac{2}{3} \hbar$

operator  $f = a + \hbar \vec{\sigma}_1 \cdot \vec{\sigma}_2$   $\frac{1}{2} \text{ up } \frac{1}{2} \text{ down}$  spins, 2 particles

total spin =  $\vec{J} = \vec{j}_1 + \vec{j}_2 = \frac{1}{2} (\vec{\sigma}_1 + \vec{\sigma}_2)$  Pauli matrices i.e.  $(\uparrow\downarrow) + (\downarrow\uparrow) + (\uparrow\uparrow)$

$$\rho_{\vec{J}}(r) = \sum_{m_1 m_2} \phi_{m_1} \phi_{m_2} e^{im_1 \phi} e^{im_2 \phi}$$

1) show that  $J_z, J^2, J_x$  can be simultaneously measured.

• matrix representation of  $f$  in  $|J, M, j_1, j_2\rangle$  basis.

• matrix repn. of  $f$  in  $|j_1, j_2, m_1, m_2\rangle$  basis.

$$h_W(N+1) \\ /20)$$

$[J^2, J_z] = 0$  we know that

$$(J^2 = \frac{3\hbar^2}{4} I \quad J_z = \frac{\hbar}{2} I) \quad (1.11)$$

for  $s = \frac{1}{2}$

$$J^2 = \frac{\hbar^2}{4} (\sigma_1^2 + \sigma_2^2 + 2\vec{\sigma}_1 \cdot \vec{\sigma}_2)$$

$$\rightarrow \vec{\sigma}_1 \cdot \vec{\sigma}_2 = \frac{2J^2}{\hbar^2} - \frac{\sigma_1^2}{2} - \frac{\sigma_2^2}{2}$$

$$\vec{\sigma}_1^2 = \sigma_x^2 + \sigma_y^2 + \sigma_z^2 = 3I$$

$$\vec{\sigma}_1 \cdot \vec{\sigma}_2 = \frac{2J^2}{\hbar^2} - 3I \quad \text{identify}$$

$$(1\uparrow)(1\uparrow) \xrightarrow{\text{def}} 110_{\frac{1}{2}, \frac{1}{2}}$$

$$(1\uparrow)(1\downarrow) \xrightarrow{\text{def}} 110_{\frac{1}{2}, -\frac{1}{2}}$$

$$(1\downarrow)(1\uparrow) \xrightarrow{\text{def}} 11-1_{\frac{1}{2}, \frac{1}{2}}$$

$$(1\downarrow)(1\downarrow) \xrightarrow{\text{def}} 100_{\frac{1}{2}, -\frac{1}{2}}$$

$$[J^2, f] = [J^2, a] + b[J^2, \vec{\sigma}_1 \cdot \vec{\sigma}_2] = 0 + b \left[ J^2, \frac{2J^2}{\hbar^2} - 3I \right] = 0$$

$$[J_z, f] = [J_z, a] + b[J_z, \frac{2J^2}{\hbar^2} - 3I] = 0 \quad \text{OK}$$

$$\langle J, M, j_1, j_2 | f | J', M', j_1, j_2 \rangle = \langle J, M, j_1, j_2 | \frac{2J^2}{\hbar^2} - 3I + a | J', M', j_1, j_2 \rangle$$

$$= \delta_{JJ'} \delta_{MM'} \left[ a - 3b + \frac{2\hbar^2}{\hbar^2} J(J+1) \right] = \delta_{jj'} \delta_{mm'} [a - 3b + 2s(s+1)]$$

in  $|j_1, j_2, m_1, m_2\rangle$  basis

$$\Psi_{00} = \frac{1}{\sqrt{2}} (|1\uparrow\downarrow\rangle - |1\downarrow\uparrow\rangle) \quad \Psi_{10} = \frac{1}{\sqrt{2}} (|1\uparrow\downarrow\rangle + |1\downarrow\uparrow\rangle)$$

$\Psi_{11} = |1\uparrow\uparrow\rangle \quad \Psi_{-1} = |1\downarrow\downarrow\rangle$  transformation from  $m_1, m_2$  basis to  $m_1, m_2$

$$|1\uparrow\downarrow\rangle = \frac{1}{\sqrt{2}} (\Psi_{00} + \Psi_{10}) \quad |1\downarrow\uparrow\rangle = \frac{1}{\sqrt{2}} (\Psi_{00} - \Psi_{10})$$

$$|1\uparrow\uparrow\rangle = \Psi_{11} \quad |1\downarrow\downarrow\rangle = \Psi_{-1} \quad = \frac{1}{\sqrt{2}} (-\Psi_{00} + \Psi_{10})$$

	$\uparrow\uparrow$	$\uparrow\downarrow$	$\downarrow\uparrow$	$\downarrow\downarrow$
$\uparrow\uparrow$	$a+b$	0	0	0
$\uparrow\downarrow$	0	$a-b$	$2b$	0
$\downarrow\uparrow$	0	$2b$	$a-b$	0
$\downarrow\downarrow$	0	0	0	$a+b$

$$\langle 10 | f | 1\downarrow\uparrow \rangle = \frac{1}{2} [\langle \Psi_{00} | f | \Psi_{00} \rangle + \langle \Psi_{10} | f | \Psi_{10} \rangle]$$

$$= \frac{1}{2} [-a + 3b + a + b] = 2b$$

$\phi$  shift  $1/2$ , measured as  $+h/2$

- possible results for measurement along  $x$ ?
- their probability?
- $\uparrow$  for a measure along  $z$  axis rotated by  $\theta$  from  $x$  probability of various result?
- expectation value?

in  $S_z$  representation  $S_x^{\pm} = \frac{1}{\sqrt{2}} (|1\rangle)$  for  $S_x = h/2$  &  $S_x^{\mp} = \frac{1}{\sqrt{2}} (|\mp\rangle)$  for  $S_x = -h/2$

$$S_z = \begin{pmatrix} 1 \\ 0 \end{pmatrix} = \frac{1}{\sqrt{2}} (S_x^+ + S_x^-)$$

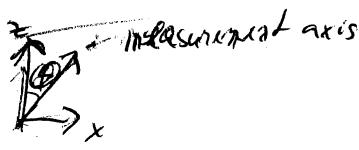
for  $+h/2$  → can measure both  $x^+$  and  $x^-$  with same probability.

$$\langle x = h/2 | z = h/2 \rangle = \langle x = h/2 |$$

$$\langle S_x^{\pm} | S_z^{\sigma} \rangle = \langle S_x^{\pm} | \frac{1}{\sqrt{2}} (S_x^{\pm} + S_x^{\mp}) \rangle = \frac{1}{\sqrt{2}}$$

prob.  $S_x^{\pm} = \left(\frac{1}{\sqrt{2}}\right)^2 = \frac{1}{2}$   
similarly  $S_x^{\mp} = \frac{1}{2}$

↑ original state



$$\cos \theta S_z + \sin \theta S_x$$

$$\begin{pmatrix} \cos \theta & \sin \theta \\ \sin \theta & -\cos \theta \end{pmatrix}$$

$$\begin{vmatrix} \cos \theta - 1 & \sin \theta \\ \sin \theta & -\cos \theta - 1 \end{vmatrix} = (\cos \theta - 1)^2 - \sin^2 \theta$$

$$d_1 = \cos \theta - \sin \theta$$

$$d_2 = \cos \theta + \sin \theta$$

$$\begin{pmatrix} 1 + \sin \theta & \sin \theta \\ \sin \theta & 1 + \sin \theta \end{pmatrix} \begin{pmatrix} d_1 \\ d_2 \end{pmatrix} = \mathbf{0}$$

$$\begin{pmatrix} \sin \theta & \sin \theta \\ \sin \theta & -\sin \theta \end{pmatrix} \begin{pmatrix} d_1 \\ d_2 \end{pmatrix} = \mathbf{0}$$

$$\begin{vmatrix} \cos \theta - 1 & \sin \theta \\ \sin \theta & -\cos \theta - 1 \end{vmatrix} = (\cos \theta - 1)(\cos \theta + 1) - \sin^2 \theta =$$

$$= d^2 + d \cos \theta - d \cos \theta - \cos^2 \theta - \sin^2 \theta = d^2 - 1 \Rightarrow$$

$$\begin{pmatrix} \cos \theta - 1 & \sin \theta \\ \sin \theta & -\cos \theta - 1 \end{pmatrix} \begin{pmatrix} d \\ b \end{pmatrix} = \mathbf{0}$$

$$d = \pm 1$$

$$\cos \phi (\cos \theta - 1) + \sin \phi \sin \theta = 0$$

$$\cos \phi \sin \theta - \sin \phi (\cos \theta + 1) = 0$$

$$\cos \phi \cos \theta - \cos \phi + \sin \phi \sin \theta = 0 \quad / \sin \theta$$

$$\cos \phi \sin \theta - \sin \phi \cos \theta - \sin \phi = 0 \quad / \cos \theta$$

$$\cos \phi \cos \theta \sin \theta - \cos \phi \sin \theta + \sin \phi \sin \theta = 0$$

$$\cos \phi \cos \theta \sin \theta - \sin \phi \cos \theta - \sin \phi \cos^2 \theta = 0$$

$$a(\cos \theta - 1) + \sqrt{1-a^2} \sin \theta = 0$$

3017 contd.

T 7 N 2

$$-\cos\phi \sin\theta + \sin\phi \cos\theta + \sin\phi (\sin^2\theta + \cos^2\theta) = 0$$

$$-\cos\phi \sin\theta + \sin\phi (\cos\theta + 1) = 0$$

$$\cos\phi \sin\theta - \sin\phi (\cos\theta + 1) = 0$$

$$a(\cos\theta - 1) + b(\sin\theta) = 0$$

$$a \sin\theta - b(\cos\theta - 1) = 0$$

$$a = \cos\theta + \sin\theta = b$$

$$\cos^2\theta - \sin^2\theta + \sin^2\theta + \cos\theta \sin\theta \text{ for}$$

$$\begin{pmatrix} \cos\theta - 1 & \sin\theta \\ \sin\theta & -\cos\theta - 1 \end{pmatrix} \begin{pmatrix} a \\ b \end{pmatrix} = 0$$

$$a(\cos\theta - 1) + b \sin\theta = 0$$

$$a \sin\theta - b(\cos\theta + 1) = 0$$

$$a(\cos\theta - 1) + \sqrt{1-a^2} \sin\theta = 0$$

$$a^2(\cos\theta - 1)^2 + (1-a^2)\sin^2\theta + 2a\sqrt{1-a^2}(\cos\theta - 1)\sin\theta = 0$$

$$a^2(\cos^2\theta - 2\cos\theta + 1) + \sin^2\theta - a^2\sin^2\theta + 2a\sqrt{1-a^2}(\cos\theta - 1)\sin\theta = 0$$

$$\cos\phi \sin\theta - \sin\phi (\cos\theta + 1) = 0$$

$$\sin\theta - \tan\phi (\cos\theta + 1) = 0$$

$$\tan\phi = \frac{\sin\theta}{\cos\theta + 1} \rightarrow \phi = \frac{\theta}{2}$$

$$\text{as } \tan\frac{\theta}{2} = \frac{\sin\theta}{\cos\theta + 1}$$

$$\begin{pmatrix} \cos\theta & \sin\theta \\ \sin\theta & -\cos\theta \end{pmatrix} = \cos\theta \sigma_2 + \sin\theta \sigma_x$$
$$(1), (0) \quad (1) \quad (1) \quad (-1)$$

$$\text{eigenvektor is } \begin{pmatrix} \cos\frac{\theta}{2} \\ \sin\frac{\theta}{2} \end{pmatrix}$$

$$\text{for } -1: \begin{pmatrix} \cos\theta + 1 & \sin\theta \\ \sin\theta & -\cos\theta + 1 \end{pmatrix} \begin{pmatrix} a \\ b \end{pmatrix} = 0$$

$$a(\cos\theta + 1) + b \sin\theta = 0$$

$$a(\sin\theta) + b(\cos\theta - 1) = 0$$

$$\cos\phi (\cos\theta + 1) + \sin\phi \sin\theta = 0 \rightarrow$$

$$\cos\phi (\sin\theta) - \sin\phi (\cos\theta - 1) = 0$$

$$\sin\theta - \tan\phi (\cos\theta - 1) = 0$$

$$\tan\phi = \frac{\sin\theta}{\cos\theta - 1}$$

$$\frac{1}{\tan\phi} = \frac{\cos\theta - 1}{\sin\theta}$$

$$(\pi/2 - \phi) \rightarrow \cos - \sin \frac{\theta}{\sin \cos} \rightarrow \cot\phi$$

Angular momentum

$J_+$  &  $J_-$

TRANS

$$J_+ = J_x + iJ_y$$

$$J_\times = \frac{1}{2} (J_+ + J_-)$$

$$J_- = J_x - iJ_y$$

$$[J_i, J_j] = i\hbar \epsilon_{ijk} J_k$$

$$J_z J_+ - J_+ J_z = i\hbar J_+$$

$$[J_z, J_+] = [J_z, J_x] + i[J_z, J_y] = i\hbar J_y - i\hbar J_x = i\hbar (J_x + iJ_y) = i\hbar J_+$$

$$[J_+, J_-] = [J_x + iJ_y, J_x - iJ_y] = i[J_y, J_x] - i[J_x, J_y] = i(-i\hbar J_z) - i(i\hbar J_z) = 2i\hbar J_z$$

$$J_z J_+ |l, m\rangle = (i\hbar J_+ + J_+ J_z) |l, m\rangle = i\hbar (1+m) J_+ |l, m\rangle$$

$$J_+ |l, m\rangle = i\hbar |l, m\rangle$$

$$\alpha J_z |l, m+1\rangle = i\hbar (m+1) |l, m+1\rangle$$

$\underbrace{J_+ |l, m\rangle}$  compare  $\rightarrow J_+ \alpha |l, m\rangle \rightarrow \alpha \text{ must be } \alpha |l, m+1\rangle$

$$\rightarrow J_+ |l, m\rangle = \alpha |l, m+1\rangle$$

$$J_- |l, m\rangle = \beta |l, m-1\rangle$$

$$\langle l, m | J_- J_+ | l, m \rangle = \langle l, m | J_+^\dagger J_+ | l, m \rangle = \langle l, m+1 | \alpha^* \alpha | l, m+1 \rangle = |\alpha|^2$$

$$\langle l, m | J_+ J_- | l, m \rangle = \langle l, m | J_-^\dagger J_- | l, m \rangle = \langle l, m-1 | \beta^* \beta | l, m-1 \rangle = |\beta|^2$$

$$J_- J_+ = (J_x - iJ_y)(J_x + iJ_y) = J_x^2 + J_y^2 - iJ_y J_x + iJ_x J_y = J_x^2 + J_y^2 + i[J_x, J_y] = \\ = J_x^2 + J_y^2 + i i\hbar J_z = J^2 - J_z^2 - i\hbar J_z$$

$$J_- J_+ |l, m\rangle = J^2 - J_z^2 - i\hbar J_z |l, m\rangle = (i\hbar(l+1) - i\hbar m^2 - i\hbar m) |l, m\rangle = i\hbar^2 [l(l+1) - m(m+1)] |l, m\rangle$$

$$\langle l, m | J_+ J_- | l, m \rangle = i\hbar^2 [l(l+1) - m(m+1)]$$

$$J_+ |l, m\rangle = \hbar \sqrt{l(l+1) - m(m+1)} |l, m+1\rangle$$

$$J_- |l, m\rangle = \hbar \sqrt{l(l+1) - m(m-1)} |l, m-1\rangle \text{ is similar spirit}$$

~~see notes~~

$$\vec{L} = \vec{L}_1 \otimes I_2 + I_1 \otimes \vec{L}_2$$

$$\vec{L}^2 = (\vec{L}_1 \otimes I_2 + I_1 \otimes \vec{L}_2)^2 = L_1^2 \otimes I_2 + I_1 \otimes L_2^2 + \vec{L}_1 \otimes I_2 \cdot I_1 \otimes \vec{L}_2$$

$$= L_1^2 \otimes I_2 + I_1 \otimes L_2^2 + L_1 \otimes L_2$$

$$[L_{12} \otimes 1, L_1 \otimes L_2] = [L_{12} \otimes 1, \sum_{i=1,2} L_{1,i} \otimes L_{2,i}]$$

$$L_{12} \otimes 1, L_{1,x} \otimes L_{2,x} - L_{1,x} \otimes L_{2,x} \cdot L_{1,2} \otimes 1 = L_{12} L_{1,x} \otimes L_{2,x} - L_{1,x} \otimes L_{2,x} =$$

= it  $L_{12} \otimes L_{2,x}$

$$[L_{1,2} \otimes 1, L_{1,y} \otimes L_{2,y}] = -it L_{1x} \otimes L_{2,y}$$

$\rightarrow L_{12}$  does not commute with  $L_1 \cdot L_2$   
but  $L_{1,2} + L_{2,2}$  does

$$L_x L_x + L_x L_y + L_x L_2 + L_y L_x + L_y L_y + L_y L_2 + L_2 L_x + L_2 L_y + L_2 L_2 =$$

~~$L_x L_2$~~

$$\begin{aligned} \vec{L}^2 &= (L_{1x} \otimes I_2 + I_1 \otimes L_{2x})^2 + (L_{1y} \otimes I_2 + I_1 \otimes L_{2y})^2 + (L_{12} \otimes I_2 + I_1 \otimes L_{22})^2 = \\ &= (L_{1x}^2 + L_{1y}^2 + L_{12}^2) \otimes I_2 + I_1 \otimes (L_{2x}^2 + L_{2y}^2 + L_{22}^2) + 2 L_{1x} \otimes L_{2x} + \\ &\quad + 2 L_{1y} \otimes L_{2y} + 2 L_{12} \otimes L_{22} = 2 \vec{L}_1 \cdot \vec{L}_2 \end{aligned}$$

$$L_1' = L_x L_x + L_y L_y + L_2 L_2$$

$$[L_1^2, L_2] = (L_x L_x + L_y L_y) L_2 - L_2 (L_x L_x + L_y L_y) =$$

$$= L_x L_x L_2 + L_y L_y L_2 - L_2 L_x L_x + L_2 L_y L_y =$$

$$= L_x L_x L_2 - L_x L_2 L_x + L_x L_y L_x - L_2 L_x L_x$$

-it  $L_x L_y$

-it  $L_y L_x$

= 0

$$+ L_y L_y L_2 - L_y L_2 L_y + L_y L_2 L_y - L_2 L_y L_y$$

it  $L_y L_x$

it  $L_x L_y$

OK

- L.S Hamiltonian  $\rightarrow$  transform to new basis or S.S Hamiltonian? Angular-Ay
- addition of ang. momentum,  $J_+$ ,  $J_-$  ~~a new basis, Hamiltonian?~~ ~~the same~~ L.S
- L.S together with  $S_z$  ~~the odd way~~

$A.S^A \otimes S^B$  Hamiltonian (~~in~~ - in solids  $\uparrow\downarrow$  - or magnetic molecules / sing model Hard drives., Kondo effect) S<sub>2</sub> ⊗ S<sub>2</sub> what does it mean?

original basis:  $| \frac{1}{2} \frac{1}{2} \rangle \otimes | \frac{1}{2} \frac{1}{2} \rangle \quad | \uparrow\uparrow \rangle$   
 $| +\frac{1}{2} \rangle \otimes | -\frac{1}{2} \rangle \quad | \uparrow\downarrow \rangle$   
 $| -\frac{1}{2} \rangle \otimes | +\frac{1}{2} \rangle \quad | \downarrow\uparrow \rangle$   
 $| -\frac{1}{2} \rangle \otimes | -\frac{1}{2} \rangle \quad | \downarrow\downarrow \rangle$

$$A S_x^A \otimes S_x^B$$

$$A \begin{pmatrix} 1 & 0 \\ 2 & 0 \\ 0 & -1 \end{pmatrix} \otimes \begin{pmatrix} 1 & 0 \\ 0 & 1 \\ 0 & -1 \end{pmatrix} = A \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & -1 & 0 & 0 \\ 0 & 0 & -1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix}$$

$\leftarrow$  aligned  $\rightarrow$  energy  $A \frac{\hbar^2}{4}$  (ferromag.)  
 $\leftarrow$  antiparallel  $\rightarrow$  energy  $-A \frac{\hbar^2}{4}$  (antiferro)

$$S^A \cdot S^B = S_x^A \otimes S_x^B + S_y^A \otimes S_y^B + S_z^A \otimes S_z^B$$

$\leftarrow$  obviously commutes with  $S_{2x}, S_{2y}, S_{2z}$

$$S_x = \frac{\hbar}{2} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \quad S_y = \frac{\hbar}{2} \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} \quad (S_x^A \otimes S_x^B)^2 = I = (S_y^A \otimes S_y^B)^2$$

$\begin{pmatrix} 1 \\ 0 \\ 0 \\ 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \\ 0 \\ 0 \end{pmatrix} \begin{pmatrix} 0 \\ 0 \\ 1 \\ 0 \end{pmatrix} \begin{pmatrix} 0 \\ 0 \\ 0 \\ 1 \end{pmatrix}$   
basis

$$S_x^A \otimes S_x^B$$

$$\frac{\hbar^2}{4} \begin{pmatrix} 0 & 0 & 0 & 1 \\ 0 & 0 & 1 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}$$

$$S_y^A \otimes S_y^B$$

$$\frac{\hbar^2}{4} \begin{pmatrix} 0 & 0 & 0 & -1 \\ 0 & 0 & 1 & 0 \\ 0 & 1 & 0 & 0 \\ -1 & 0 & 0 & 0 \end{pmatrix}$$

$$S_x^A \otimes S_x^B + S_y^A \otimes S_y^B =$$

$$\frac{\hbar^2}{4} \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 0 & 2 & 0 \\ 0 & 2 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}$$

$$S^A \cdot S^B = \frac{\hbar^2}{4} \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & -1 & 2 & 0 \\ 0 & 2 & -1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix}$$

$\leftarrow$  not diagonal in  $| \uparrow\uparrow \rangle, | \uparrow\downarrow \rangle, | \downarrow\uparrow \rangle, | \downarrow\downarrow \rangle$  basis

$| \uparrow\uparrow \rangle$  &  $| \downarrow\downarrow \rangle$  still ~~eigen~~ eigenvectors of the new Hamiltonian

$$\begin{pmatrix} -1 & 2 \\ 2 & -1 \end{pmatrix} \rightarrow \text{new eigenvectors } \frac{1}{\sqrt{2}}(| \uparrow\downarrow \rangle + | \downarrow\uparrow \rangle) \quad E = -1 + 2 = 1 \frac{\hbar^2}{4}$$

$$\begin{pmatrix} 0 & B \\ B & 0 \end{pmatrix} \rightarrow \begin{pmatrix} -B & B \\ B & -B \end{pmatrix} \rightarrow \lambda^2 - B^2 \rightarrow \lambda = \pm B \rightarrow \begin{pmatrix} -B & B \\ B & -B \end{pmatrix} \rightarrow \begin{pmatrix} B & B \\ B & 0 \end{pmatrix} \quad E = -1 - 2 = -3 \frac{\hbar^2}{4}$$

$\leftarrow$  singlet

$$\rightarrow \frac{\hbar^2}{4} \begin{pmatrix} 1 & 1 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & -3 \end{pmatrix} \quad \text{in } (| \uparrow\uparrow \rangle, \frac{1}{\sqrt{2}}(| \uparrow\downarrow \rangle + | \downarrow\uparrow \rangle), | \downarrow\downarrow \rangle, \frac{1}{\sqrt{2}}(| \uparrow\downarrow \rangle - | \downarrow\uparrow \rangle))$$

triplet basis

A  $S^A \cdot S^B$  Hamiltonian the other way

Appendix A-2

$$H = A S^A \cdot S^B$$

$$S^A \cdot S^B : S^2 = (S^A + S^B)^2 = S^{A^2} \otimes I_B + S^A \otimes S^B + 2 S^A \cdot S^B$$

$$\downarrow$$

$$S_x^A \otimes S_x^B + S_y^A \otimes S_y^B + S_z^A \otimes S_z^B$$

$$S^A \cdot S^B = \frac{1}{2} (S^2 - S^{A^2} - S^{B^2})$$

two spins with  $\frac{1}{2}$  moments

triplet  
singlet

$S=1$

$$S^2 |1T\rangle = \hbar^2 1(1+1)|1T\rangle$$

$$= 2\hbar^2 |1T\rangle$$

$$S^2 |S\rangle = \hbar^2 0(0+1)|S\rangle = 0$$

$S=\emptyset$

$$H|1T\rangle = \frac{1}{2} (S^2 - S^{A^2} - S^{B^2}) |1T\rangle =$$

$$= \frac{1}{2} \hbar^2 \left( 1(1+1) - \frac{1}{2} (\frac{1}{2}+1) - \frac{1}{2} (\frac{1}{2}+1) \right) |1T\rangle$$

$$= \frac{1}{2} \hbar^2 \frac{1}{2} |1T\rangle = \frac{\hbar^2}{4} |1T\rangle - \frac{\hbar^2}{4}$$

triplet three-fold degenerate

$$H|S\rangle = \frac{1}{2} (S^2 - S^{A^2} - S^{B^2}) |S\rangle =$$

$$= \frac{1}{2} \hbar^2 \left( 0(0+1) - \frac{1}{2} (\frac{1}{2}+1) - \frac{1}{2} (\frac{1}{2}+1) \right) |S\rangle$$

$$= -\frac{3}{4} \hbar^2 |S\rangle - \frac{3}{4} \hbar^2 - \frac{3}{4} \hbar^2$$

singlet - one level

$$\rightarrow \begin{cases} +\frac{\hbar^2}{4} & \text{triplet} \\ -\frac{3}{4} \hbar^2 & \text{energies} \\ & \text{singlet} \end{cases}$$

we have A.  $S^A \cdot S^B$  Hamiltonian

appendix A-3

→ diagonal in singlet + triplet basis (coupled)

add  $S_2^A \otimes 1^B$  - mag. field in H atom with L-S coupling - part of  
- LSAG model (we have S.S)

$$H = S_2^A \otimes 1^B \cdot \frac{\hbar}{2} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \otimes \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix} = \frac{\hbar}{2} \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & -1 & 0 \\ 0 & 0 & 0 & -1 \end{pmatrix}$$

direct basis  
diagonal

singlet + triplet basis

$$S_2^A \otimes 1^B |1\uparrow\uparrow\rangle = \frac{\hbar}{2} |1\uparrow\uparrow\rangle \quad \text{OK}$$

$$S_2^A \otimes 1^B |1\downarrow\downarrow\rangle = -\frac{\hbar}{2} |1\downarrow\downarrow\rangle$$

$$S_2^A \otimes 1^B \frac{1}{\sqrt{2}} (|1\uparrow\downarrow\rangle + |1\downarrow\uparrow\rangle) = \frac{1}{\sqrt{2}} \left( \frac{\hbar}{2} |1\uparrow\downarrow\rangle - \frac{\hbar}{2} |1\downarrow\uparrow\rangle \right) = \frac{\hbar}{2} |1S\rangle$$

$$S_2^A \otimes 1^B \frac{1}{\sqrt{2}} (|1\uparrow\downarrow\rangle - |1\downarrow\uparrow\rangle) = \frac{1}{\sqrt{2}} \left( \frac{\hbar}{2} |1\uparrow\downarrow\rangle + \frac{\hbar}{2} |1\downarrow\uparrow\rangle \right) = \frac{\hbar}{2} |1T_0\rangle$$

states  $|1\uparrow\downarrow\rangle$  and  $|1\downarrow\uparrow\rangle$  don't have the same eigenvalue

→ their mixture is not an eigenstate

~~in  $|1T_0, 1S\rangle$  basis:~~

$$\left( \frac{\hbar}{2} \right) \left( \frac{1}{\sqrt{2}} (|1\uparrow\downarrow\rangle + |1\downarrow\uparrow\rangle) \right) = \frac{1}{\sqrt{2}} \frac{\hbar}{2}$$

~~H in  $|1T_0, 1S\rangle$  basis~~

$$\left( \frac{\hbar}{2} \right) \left( \frac{1}{\sqrt{2}} (|1\uparrow\downarrow\rangle + |1\downarrow\uparrow\rangle) \right) \left( \frac{1}{\sqrt{2}} (|1T_0\rangle, |1S\rangle) \right)$$

+ SS Hamiltonian

$$\underbrace{A \frac{\hbar^2}{4} \begin{pmatrix} 1 & & & \\ & 1 & 0 & \\ & 0 & 1 & \\ & & & -3 \end{pmatrix}}_{A'}$$

$$+ B \frac{\hbar}{2} \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 0 & 0 & 1 \\ 0 & 0 & 1 & 0 \\ 0 & 1 & 0 & 0 \end{pmatrix} = \begin{pmatrix} A' + B' & 0 & 0 & 0 \\ 0 & A' & 0 & B' \\ 0 & 0 & A' + B' & 0 \\ 0 & B' & 0 & -3A' \end{pmatrix}$$

$$\begin{pmatrix} A' + B' \\ B' + 3A' \end{pmatrix} = (A' - \lambda)(-3A' - \lambda) - B'^2 = -3A'^2 - 2A' + 3A'^2 + \lambda^2 - B'^2 = \lambda^2 + 2A'\lambda - B'^2 - 3A'^2$$

$$D = 4A'^2 + 4B'^2 + 12A'^2 = 16A'^2 + 4B'^2$$

$$\lambda_{1,2} = \frac{-2A' \pm \sqrt{16A'^2 + 4B'^2}}{2} = -A' \pm \sqrt{2A'^2 + B'^2}$$

$$-A' \pm 2A' \left( 1 + \frac{B'^2}{4A'^2} \right) \Rightarrow \text{split split} < \cancel{\cancel{\frac{B'^2}{4A'^2}}} \cancel{\cancel{\frac{B'^2}{4A'^2}}}$$

$\rightarrow S_1 S + S_2 \text{ Ham.}$

$$\begin{pmatrix}
 A) + B) & 0 & 0 & 0 \\
 0 & A) & 0 & B) \\
 0 & 0 & A) + B) & 0 \\
 0 & B) & 0 & -3A)
 \end{pmatrix}
 \quad \begin{matrix} \nearrow \\ \nearrow \\ \nearrow \\ \nearrow \end{matrix} \quad \begin{matrix} \nwarrow \\ \nwarrow \\ \nwarrow \\ \nwarrow \end{matrix} \quad \begin{matrix} \text{Hamiltonian axes} \\ \text{stretches with different } \xi_j \\ \text{& same } \xi_j \end{matrix}$$

$j = \begin{bmatrix} 1 & 1 & 1 & 0 \end{bmatrix}$        $\xi_1 = \begin{bmatrix} 1 & 0 & -1 & 0 \end{bmatrix}$        $\xi_2 = \begin{bmatrix} \frac{1}{2} & -\frac{1}{2} & \frac{1}{2} & -\frac{1}{2} \end{bmatrix}$        $\xi_3 = \begin{bmatrix} 1 & -1 & 0 & 0 \end{bmatrix}$        $\xi_4 = \begin{bmatrix} 0 & 0 & 1 & -1 \end{bmatrix}$

$S_{2,3}^{A,S} = \begin{bmatrix} 1/2 & 1 & -1/2 & 1 \end{bmatrix}$        $S_{4,8}^{A,B} = \begin{bmatrix} 1/2 & -1/2 & 1 & -1 \end{bmatrix}$        $\left. \begin{array}{l} \text{before } S_2 \text{ Ham} \\ \text{still OK} \end{array} \right\}$

particle is in state with  $\ell = 1$  &  
and has a spin  $\frac{1}{2}$ .

monotone-A-4

- What are the possible values of total ang. momentum  
& their projections  $j_z$ ?

• what's  $j_z$  using  $\ell_z$  &  $s_z$ ?

• what's  $j^2$  using  $\ell^2, \ell_x, \ell_y, \ell_z; s^2, s_x, s_y, s_z$

$$j_z = (\ell_z \otimes 1_s + 1_e \otimes s_z)$$

$$j^2 = (\ell \otimes 1_s + 1_e \otimes \vec{s})^2$$

$$= \ell^2 \otimes 1_s + \vec{s}^2 + \sum_{i=x,y,z} \ell_i \otimes s_i$$

$$= \ell^2 \otimes 1_s + 1_e \otimes s^2 + \ell_x \otimes s_x + \ell_y \otimes s_y + \ell_z \otimes s_z$$

$$\ell_+ = \ell_x + i\ell_y \quad \rightarrow \quad \ell_+ = \frac{1}{2}(\ell_+ + \ell_-)$$

$$\ell_- = \ell_x - i\ell_y \quad \rightarrow \quad \ell_- = \frac{1}{2i}(\ell_+ - \ell_-)$$

$$\ell_x \otimes s_x + \ell_y \otimes s_y = \frac{1}{2}(\ell_+ + \ell_-) \otimes (s_+ + s_-) + \frac{1}{2}(\ell_+ - \ell_-) \otimes (s_+ - s_-)$$

$$= \frac{1}{4} (2\ell_+ \otimes s_- + 2\ell_- \otimes s_+) = \frac{1}{2}\ell_+ \otimes s_- + \frac{1}{2}\ell_- \otimes s_+$$